



Mid Carolina

*Family-to-Family*  
**EDUCATION PROGRAM**

**FREE**

**for Family Members, Partners, and Significant Others, of an Adult Individual Living with:**

Major Depression  
Bipolar Disorder (Manic Depression)  
Schizophrenia and Schizoaffective Disorder  
Borderline Personality Disorder  
Panic Disorder and Obsessive Compulsive Disorder  
Post-traumatic Stress Disorder (PTSD)  
Co-occurring Brain Disorders and Addictive Disorders

A series of 12 sessions structured to help families understand and support individuals with serious mental illness while maintaining their own wellbeing. The course is taught by a team of trained NAMI family member volunteers who know what it's like to have a loved one struggling with one of these brain disorders. There is no cost to participate in the NAMI Family-to-Family Education Program.

**Pre-registration is required.**

**Cayce, SC**  
**June 28 - September 13, 2017**

**Every Wednesday from 6:00 pm - 8:30 pm**

**Contact: NAMI Mid-Carolina @ 803.206.2916 or**

**[info.namimidcarolina@gmail.com](mailto:info.namimidcarolina@gmail.com) | [www.namimidcarolina.org](http://www.namimidcarolina.org)**